



HEART | MIND
THERAPY

INFORMED CONSENT ADDENDUM:

ELECTRONIC COMMUNICATIONS (SMS TEXT / EMAIL)

Client confidentiality is protected by law and I want to ensure your confidentiality. Communications via e-mail and text messaging are convenient but come with inherent risks. In order to communicate with you by email or text message, I need to make sure you are aware of the confidentiality and other issues that arise when we communicate this way and to document that you are aware of these and agree to them.

RISK OF ELECTRONIC COMMUNICATION

The transmission of client information by email and/or texting has a number of risks that clients should consider prior to the use of email and/or texting. These include, but are not limited to, the following risks:

1. Email and texts can be circulated, forwarded, stored electronically and on paper, and broadcasted to unintended recipients.
2. Email and text senders can easily misaddress an email or text and sent the information to an unintended recipient.
3. Backup copies of emails and texts may exist even after the sender and/or the recipient has deleted his or her copy.
4. Employers and online services have a right to inspect emails sent through their company systems.
5. Emails and texts can be intercepted, altered, forwarded or used without authorization or detection.
6. Email and texts can be used as evidence in court.
7. Emails and texts may not be secure and therefore it is possible that the confidentiality of such communications can be breached by a third party.

CONDITIONS FOR THE USE OF EMAIL AND TEXTS

I cannot guarantee security and confidentiality of email and text information sent and received, but will use reasonable means to maintain it. As your therapist, I am not liable for improper disclosure of confidential information that is not caused by my intentional misconduct.



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CLIENTS/GUARDIANS MUST ACKNOWLEDGE AND CONSENT TO THE FOLLOWING CONDITIONS:

1. Email and texting are not appropriate for urgent or emergency situations. Jana Corbett cannot guarantee that any particular email and/or text will be read and responded to within any particular period of time.
2. Email and texts should be concise. The client/guardian should call and/or schedule an appointment to discuss complex and/or sensitive situations.
3. Emails and texts may be printed and filed or copied into the client's medical record.
4. Clients/guardians should not use email or texts for communication of sensitive medical information.
5. Jana Corbett is not liable for breaches of confidentiality caused by the client/guardian(s) or any third party.
6. It is the client's/guardian's responsibility to follow up and/or schedule an appointment if warranted. If you have not received a confirmation from your therapist regarding a cancelled or scheduled appointment, it still unconfirmed and your responsibility to follow up.
7. It is the client's/guardian's responsibility to maintain security on his/her/their end, including keeping passwords protected and secure.
8. If you prefer to message, your therapist may use a secure messaging app. Currently, your therapist uses: Signal (a free mobile phone app) to send end-to-end encrypted messages.

CLIENT ACKNOWLEDGEMENT AND AGREEMENT

I acknowledge that I have read and fully understand this consent form. I understand the risks associated with the communication of email and/or texts between Jana Corbett and me. I consent to the conditions and instructions outlined, as well as any other instructions that my therapist may impose to communicate with me by email or text.

I hereby give permission for Jana Corbett to reply to my messages via email and text message, including any information that is deemed appropriate, that would otherwise be considered confidential. I also understand that I may withdraw permission for my therapist to communicate with me via email or text by notifying my therapist in writing.



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Client Signature

Client Printed Name

Date _____